



THE
Seven

HARROW

RESTAURANT | BAR

MENU

www.thesevenharrow.com

  @THESEVENHARROW

Party Events • Outdoor Catering

SMALL SNACKS

THE SEVEN BOMBAY MIX (V)(N)	£4.50
POPPADOM WITH CHUTNEY (V)(D)	£3.75
CHILLI PEANUT MIX (V)(N)	£3.25

CHAAT CORNER

ALOO TIKKI CHAAT (V)(D)(G) Potato patty on a bed of chickpeas, with tamarind, yoghurt & mint sauce	£7.99
SAMOSAS CHAAT (V)(D)(G) Punjabi samosa on a bed of chickpeas with yoghurt and tamarind chutney	£7.99
BOMBAY BHEL (VE)(G) Puffed rice with onions, seasoned potatoes, chilli & chutneys.	£7.99
PANI POORI (6pcs) (VE)(G) Semolina shells filled with spiced potatoes, chickpea & mint flavoured water - with vodka	£6.99 £2.50

SIDES

CHIPS (V)	£5.50
MASALA CHIPS (V)(G)	£6.50
CHILLI MARI CHIPS	£6.50
MIXED SALAD (V) Mixed leaves with cucumber, onion, tomato, chilli and a lemon dressing.	£4.99
RAITA (V)(D) (Cucumber and carrot)	£3.99
ONION, CHILLI & LEMON (V)	£3.99

RICE

PLAIN RICE (V)	£4.50
PILAU RICE (V)	£4.99
JEERA RICE (V)	£4.99

Please speak to your server regarding any allergy concerns you may have

VEGETARIAN = (V) | VEGAN = (VE) | CONTAINS GLUTEN

VEGETARIAN STARTERS

- VEGETABLE PLATTER (V)(D)(G) £15.99
Paneer tikka, dumpling, crispy bhajia, soya tikka and samosa, served with a chutney selection
- VEGETABLE SAMOSAS (3pcs) (VE)(D)(G) £4.99
Minced potatoes and vegetables cooked with spices, wrapped in filo pastry, deep fried
- MO MO VEGETABLE DUMPLINGS (VE)(D)(G) £7.50
Deep fried dumplings served with chilli soy sauce
- CHILLI PANEER (V)(D)(G) £9.99
Crispy batter fried cottage cheese, tossed with garlic, chilli and tangy sauce
- PANEER TIKKA SHASHLIK (V)(D) £9.99
Cottage cheese cubes marinated with yoghurt, spices, onions, peppers and served with mint sauce
- CRISPY BHINDI (G)(V) £8.99
Fresh Okra fried with chef's special masala
- CRISPY BHAJIA (VE)(G) £8.50
Sliced potato dipped in gram flour batter and deep fried served with a chilli chutney
- MOGO (V)(G) £8.50
Masala mogo or chilli garlic mogo
- SOYA TIKKA (VE) £10.99
Soya chaap marinated with tandoori spices and served with a chutney selection
- CHILLI GARLIC MUSHROOM (VE)(G) £9.50
Indo-Chinese flavoured battered mushrooms toasted with garlic, chilli and peppers
- SALT & PEPPER CRISPY VEGETABLES (VE)(G) £9.99
Crispy fried mixed vegetables tossed with a generous sum of garlic, chilli and spring onions
- CHILLI MARI MOGO (VE) £8.50
Casava chips fried and roasted with chilli and mari
- SHANGHAI VEGETABLE (VE)(G) £9.99
Crispy fried mix vegetables tossed in a very hot Szechuan paste
- SALT & PEPPER TOFU (VE) £10.50
Tofu tossed with pepper, onion & garlic
- CHILLI TOFU (G) (VE) £9.99
Crispy batter fried tofu tossed in garlic & chilli sauce
- TANDOORI BROCCOLI (D) £9.99
Broccoli marinated in yoghurt & chefs special spices, with cheese cooked in our tandoor
- HARA BHARA KEBAB (4pcs) (G)(V) £8.99
Veg kebab made with spinach, green peas, capsicum, potato, roll with breadcrumbs and garnished with salad
- BOMBAY STYLE MOCK POP CORN CHICKEN (G)(VE) £9.99
Plant based pop corn chicken tossed with onion, capsicum and chilli sauce.

as certain items contain nuts and cross contamination is a possibility.

EN - (G) | CONTAINS NUTS - (N) | CONTAINS DAIRY (D)

NON VEGETARIAN STARTERS

- THE SEVEN PLATTER (D) £18.99
Marinated chicken tikka, chicken wings, chops and kebabs, served with a selection of chutneys
- TANDOORI WINGS (5pcs) (D) £9.50
Chicken wings marinated with hot and spicy tandoori masala, served with a chilli chutney
- SEEKH KEBAB (4pcs) £10.99
Mince Lamb marinated with herbs and spices, served with a minted mango chutney
- CHILLI CHICKEN (G) £9.50
Crispy chicken breast pieces sautéed with Chinese spices, onion and peppers
- GARLIC CHILLI FISH (G) £10.99
Tilapia fish pieces sautéed with Chinese spices, onion and peppers
- MEAT SAMOSA (3pcs) (G) £6.50
Minced lamb cooked with spices, wrapped in filo pastry then deep fried
- CHICKEN TIKKA (5pcs) (D) £10.99
Chicken breast pieces marinated with yoghurt, Kashmiri chilli, tandoori spices and served with chutney
- LAMB CHOPS (4pcs) (D) £12.99
Lamb marinated with chilli, ginger, garlic, yoghurt and served with a mint chutney
- TANDOORI PRAWNS (4pcs) (D) £15.50
King Prawns marinated with hot and spicy tandoori masala, served with chutney
- CHICKEN 65 (G) £9.50
Chicken pieces marinated with cornflour and South Indian special spices
- JEERA CHICKEN £9.99
Chicken niblets on bone marinated with cumin and chef's special spices
- HARILYALI CHICKEN TIKKA (D) £10.99
Chicken pieces made with a green masala made from mint leaves and coriander with an array of spice powders
- CHAT PATA TANDOORI WINGS (G)(D) £9.99
Chicken wings tossed with garlic and chilli sauce
- JEERA FISH TIKKA £12.50
Traditional tandoori fish (Tilapia Fish) flavoured with cumin and chef spices cooked in tandoor

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VEGETARIAN CURRIES

SEVEN VEGETABLE CURRY (V)(N)	£9.99
A medley of vegetables cooked in our chef's special blend of spices & herbs	
DAL TADKA (V)	£9.99
A medley of yellow lentils tempered with tomatoes, cumin, garlic and curry leaf	
CHANNA MASALA (V)	£9.99
Chick peas cooked with tomatoes and onion masala	
PANEER BUTTER MASALA (V)(N)(D)	£10.99
Diced cottage cheese cooked with rich creamy tomato sauce, finished with butter	
SAAG ALOO (V)	£9.99
Fresh potatoes cooked with spinach, tomatoes, spices and a dash of cream	
DAL MAKHANI (D)(V)	£9.99
Slow cooked fenugreek, butter flavoured black lentil and red kidney beans finished with cream	
BOMBAY ALOO (VE)(N)	£9.99
Fresh potatoes cooked with onions, tomatoes and spices	
BHINDI MASALA (VE)	£9.99
Okra pieces cooked with tomatoes and onion masala	
PANEER TIKKA MASALA (V)(N)(D)	£10.99
Paneer tikka cooked with tomatoes, onions and spices, finished with a dash of cream	
PALAK PANEER (V)(D)	£10.99
Diced cottage cheese, cooked with spinach, onion, tomato and a dash of cream	
VEG KEEMA (V)(D)(N)	£9.99
Vegetable mince cooked with home made masala	
ALOO BAIGAN (VE)	£9.99
Potato & Aubergines cooked in chef special tangy sauce	
METHI CORN MALAI (V)(D)(N)	£9.99
Sweet corn cooked with fenugreek in a creamy sauce	
KADHAI PANEER (V)(D)	£10.99
Paneer cooked in a freshly prepared gravy made with mixed peppers and onions	
EGG CURRY (N)(D)	£9.99
Cooked in a rich gravy with curry leaves and mustard seeds	
SEVEN HARROW MOCK LAMB (G) (VE)	£10.99
Plant based roast lamb cooked in deep rich chef special sauce	
SEVEN MOCK CHICKEN JALFREZI (G)(VE)	£10.50
Plant based Chicken pieces cooked with peppers, onions and aromatic species	

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NON VEGETARIAN CURRIES

THE SEVEN CHICKEN CURRY (N)	£10.50
Chicken breast pieces cooked with medium chef spices	
CHICKEN BHUNA (D)(N)	£10.50
Served in a rich sauce with added flavours of onion and pepper	
CHICKEN DOPAYAZA	£10.50
Cooked with onion, garlic, tomato dried fenugreek and chef special spices	
CHICKEN MADARAS	£10.50
Fairly hot prepared using traditional south Indian recipe, mustard seeds and curry leaf	
KADHAI LAMB	£10.99
Lamb marinated in spices and cooked in our popular karahi gravy	
BUTTER CHICKEN (N)(D)	£10.99
Chicken breast diced in a rich, creamy tomato sauce finished with butter	
KASHMIRI ROGAN GHOSH	£10.99
Tender lamb diced in tomatoes and Kashmiri chillies with medium spicy curry	
SAAG CHICKEN (D)	£10.50
Chicken pieces cooked with methi tomatoes, onion, aromatic spices and a dash of cream	
KARAHI CHICKEN (N)	£10.50
Chicken marinated in Indian spices and cooked in our popular Karahi gravy	
CHICKEN TIKKA MASALA (N)(D)	£10.99
Chicken diced in tomatoes and onions in a rich, creamy sauce	
SAAG KA GHOSH (D)	£10.99
Tender lamb pieces cooked with spinach, tomatoes, onions, aromatic spices and a dash of cream	
MASALA FISH CURRY (G)(N)	£11.99
Tilapia fish cooked with onions, tomatoes, and mustard seeds in a thick sauce	
TANDOORI KING PRAWN MASALA (N)	£15.99
Prawns marinated in Indian masala and cooked in our popular Karahi gravy	

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BREADS

NAAN (G)	£3.00
BUTTER NAAN (G)	£3.50
GARLIC NAAN (G)	£3.99
CHILLI NAAN (G)	£3.99
LACHHA PARATHA (G)	£3.99
PESHWARI NAAN (C)(N)	£4.50
GARLIC & CHILLI NAAN (G)	£3.99
TANDOORI ROTI (G)	£3.50
CHEESE NAAN (G)(D)	£4.50

HYDERABADI DUM BIRYANI

Saffron flavoured basmati rice prepared with aromatic whole spices and served with a carrot and cucumber raita

VEGETARIAN BIRYANI (V)	£11.50
CHICKEN BIRYANI	£12.50
LAMB BIRYANI	£13.50

DESSERTS

HONEYCOMBE CHEESE CAKE (G)(D)	£7.50
CHOCOLATE FUDGE CAKE (G)(D) Egg	£7.99
GULAB JAMUN (G)(D)	£6.75
RICH CHOCOLATE & MINT ICE CREAM (G)(N)(D) Infused with a thick Belgian sauce	£7.45
CHOCOLATE HAZELNUT ICE CREAM (G)(N)(D) Infused with a mix of roasted hazelnuts and chocolate topped with a Chocolate Hazelnut ball	£7.45
KULFI ICE CREAM - 2 Scoops (D)	£4.95
FLAVOURS:	
MALAI	
PISTACHIO	
MANGO	

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*Wonders of the World
To See, To Hear, To Touch,
To Taste, To Feel, To Laugh
and To Love*

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